STROLLER
FITNESS
INSTRUCTOR

now hiring

Teach Stroller Fitness and Pilates in South-West Winnipeg!

Available classes

- Fit Together Stroller Fitness- time TBD, Sturgeon Creek, Assiniboine Park, Crescent Drive Park and/or Fort Whyte
- Fit Together Parent & Baby Pilates- Tuesdays 1:30-2:30 PM or similar, Corydon area

Requirements

- Certification/Insurance as a group fitness/aqua instructor, personal trainer, pilates or yoga instructor e.g. Manitoba Fitness Council.
- Certification as a pre and postnatal fitness specialist. e.g. Manitoba Fitness Council (or commitment to completing the training)
- In-house training. This includes observing 1-2 classes, reading a short manual, creating two class plans, and teaching part of 2-4 classes.

Mindset You will be a fantastic fit if you are positive, approachable, outdoorsy and energetic. You will have a heart for new parents, babies and parents-to-be. You will strive to always be improving as an

www.fittogether.ca

instructor. You will understand that our classes are about more than physical fitness and that they are equally about connecting women and building community. You will be comfortable working both independently and as part of a team.

Benefits

- Complimentary Fit Together classes (space permitting)
- 3 week winter hiatus and 2 week spring break hiatus
- A positive, supportive teaching environment
- competitive payment scale based on registration ($30- $45/ class during first year of teaching)
- opportunity to add more classes based on demand and sub for other instructors

Start Date Shadowing will take place as early as April 2021 with a goal of the successful applicant teaching classes independently by June 2021

A note for parents Due to the nature of our business, we find that some applicants assume they can bring their baby or child to work/class. Please note that for everyone's safety, this is not permitted.

To Apply Please send a job-specific cover letter and resume to Aileen@fittogetherwpg.ca by March 15, 2024. Please note which classes you are interested in teaching and when you can begin training.